

Promoting Health and Hygiene

3.8 Sun Protection Policy

Our Lady of Lourdes Pre-School takes very seriously the health and safety of the children in its care. We acknowledge the advice given by Cancer Research UK and in particular its Sun Smart Campaign.

It is our aim to protect all children in our pre-school, when playing out in the sun and to help educate all children in safe behaviour in the sun.

- By ensuring that all children are adequately clothed in appropriate sun wear. All parents should dress their child appropriately for hot weather, ie. shoulders covered, light clothing.
- Ensuring that all children have a sun hat and sunscreen, kept in the pre-school for daily use. All parents must provide their children with their own sunscreen, which must have their name and the date handed to the pre-school, clearly written on the bottle. All sunscreen will be discarded 12 months from that date.
- A list of every child's sunscreen, its factor, the date it was handed to the pre-school and all other relevant information will be available daily for the use of all staff and volunteers.
- Parents must ensure that all children have had sunscreen applied before coming to pre-school. Pre-School will ensure sunscreen is applied before playing outdoors throughout the day.
- In accordance with Cancer Research UK guidance we recommend the use of only factor 30 and above sunscreen.
- Where children are not adequately protected we will take steps to adapt our activities in order to protect them.
- Ensuring that any outdoor play is, where possible, outside of the hottest times of the day.
- When appropriate we will provide a shaded area to protect the children whilst they play.
- Ensuring that the children can access the indoor play area at all times so that they can choose to continue their play indoors.
- Ensuring that there is an adequate supply of fresh drinking water available and that the children know how to access it if they feel thirsty or hot and that cool drinks are available regularly during hot weather.

This policy was adopted at a meeting of

Our Lady of Lourdes Pre-School

Held on

_____ (date)

Date to be reviewed

_____ (date)

Signed on behalf of the management committee

Name of signatory

Role of signatory (e.g. chair/committee)

